

## Advantages of Integrating Mental Health and Physical Health Care Services

- Improve Access to Care.
- Reduce morbidity and mortality rates.
- Recent studies conducted show that people with mental health and/or addiction disorders die at a younger age.
- Reduce life-threatening and chronic conditions due to better coordination of care.
- Adequate physical health care reduces health conditions and improves coordination with professionals.
- Better monitoring of health conditions.
- People living with addictions have higher rates of many chronic, life-threatening conditions.
- A major reason for these high rates of illness and death among people with substance use or mental health conditions has been their lack of adequate physical health care services.

For more information on  
Integrated Health Care, contact our  
**DWMHA Customer Service Unit at 313-  
833-3606 or 313-833-3232** or DWMHA  
website:  
**[dwchealthfinder.org](http://dwchealthfinder.org)**

## Important Phone Numbers

### 24-Hour Centralized Access Center Enrollment Inquiries

(800) 241-4949 (Toll Free)  
(313) 224-7000 (Local Calls)  
TTY/TDD: (866) 870-2599 (Hearing Impaired)

### Customer Service Community & Consumer Affairs Community Outreach Grievances and Appeals

Phone: (888) 490-9698  
Fax: (313) 833-2217 or (313) 833-4280  
TDD Line: (800) 630-1044

### Family Support Subsidy

Phone: (888) 490-9698 or  
(313) 833-2493 / (313) 833-2492  
Fax: (313) 833-4150

### Substance Abuse Services:

#### Detroit Residents

Bureau of Substance Abuse  
24-Hour Hotline: (800) 467-2452  
[www.drugfreedetroit.org](http://www.drugfreedetroit.org)

#### Communities Outside of Detroit

Southeast Michigan Community Alliance  
24-Hour Hotline: (800) 686-6543  
TDD Line: (800) 649-3777  
[www.semca.org](http://www.semca.org)

**[www.dwmha.com](http://www.dwmha.com)**

## Detroit Wayne Mental Health Authority



## Understanding Integrated Health Care



# INTEGRATED HEALTH CARE

## What is Integrated Health Care?

- Integrated Health Care (IHC) is a holistic approach to overall well-being of an individual.
- Integrated Health Care is when health care professionals consider all health conditions at the same time.
- Integrated Health Care is already available through some of the providers of behavioral health care in the Detroit Wayne Mental Health Authority's Service Provider Networks and some physical health care providers.
- Integrated Health Care came about through the Affordable Care Act passed by Congress in 2010. This act provides supports and incentives for health care professionals to integrate physical and behavioral health care services to better serve their patients.



## Why Integrated Health Care is Important to You...

- Integrating health care leads to better overall health by allowing all of your health care providers to exchange information.
- All service can be provided in one location.
- Offers better Coordination of Care among Service Providers.
- Reduces medication complications
- Healthcare professionals can better service patients needs
- Integrated health care reduces stigma related to behavioral health.

## How You Can Get Ready for Integrated Health Care...

- Ask to sign consent for release of information.
- Bring list of medications, prescription and non-prescription.

## How Will Integrated Health Care Affect Your Current Services?

### Behavioral Health Services

It will allow professionals to coordinate diagnoses and treatments so that they complement each other. Integrated Health Care should result in fewer medical appointments and eliminate repetition of even such simple procedures such as blood draws. An important result of integrated health care delivery for everyone will be the ability for all health care information to be accessible from one place. Integrated health care should also result in fewer forms for patients to fill out, leaving less room for error and confusion.

### Physical Health Services

Physical health care is the care you receive from your personal physician or family doctor, and may include healthcare providers, nurse practitioners, pediatricians, and pharmacists. It is about providing "essential health care," the care you need in order to get and/or remain as healthy as possible. Integrated healthcare leads to better overall health by allowing all of your healthcare providers to exchange information.