Handlebars for the Homeless (H4H) is back in-person again for 2023. All funds raised from this ride will go to support individuals experiencing homelessness. NSO’s H4H guided bicycle tour will highlight some of Detroit’s hidden treasures. The tour begins and ends at the NSO Bell Building located at 882 Oakman Boulevard in Detroit (former historic Michigan Bell Building) with a stop in the middle at Detroit first Healthy Housing Center located across the parking lot from the Clay Apartments.

The 15-mile tour guides cyclists through some of Detroit’s most notable neighborhoods including Boston Edison, Piety Hill, and Virginia Park. Cyclists will also travel through the historic Poletown and Milwaukee Junction communities. All participants will receive a NSO Handlebars for the Homeless high-performance T-shirt, spoke card, raffle entry, and refreshments. The ride is fully supported with seasoned bicyclists and professional mechanics cycling with the group.

Cyclists can also support the ride virtually and raise money anytime and anywhere beginning Friday August 18 through Sunday August 20, 2023. Cyclists can take their own route, ride indoors or outdoors, atop a traditional bike or a smart bike trainer, on their favorite bike path or virtual bicycle app.

**ALL BICYCLISTS MUST WEAR A HELMET.** Participants must be 14 years of age by date of the ride or older and all youth must be accompanied by a parent or guardian at all times.

**REGISTRATION FEES - INDIVIDUALS**

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<tr>
<th></th>
<th>Early Registration</th>
<th>Regular Registration</th>
<th>Late Registration</th>
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<tbody>
<tr>
<td>May 1 through June 14</td>
<td>Fee: $65 per individual</td>
<td>June 15 through July 15</td>
<td>July 16 through August 18</td>
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<tr>
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<td>Fee: $70 per individual</td>
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<td>Fee: $85 per individual</td>
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**REGISTRATION FEES - GROUPS**

**GROUP DISCOUNT PROMO CODES:** To receive a Group Discount Promo Code before registering email corporateaffairs@nso-mi.org or call (313) 961-4890 ext. 1010.

Teams of 5-9 pay $55 per member and Teams of 10 or more pay $50 per member through August 18.

**TENTATIVE EVENT DAY AGENDA:**

- Participant Check-in: 7:00 a.m.
- Pre-Tour Announcements: 8:30 a.m.
- Tour Start Time: 9:00 a.m.
- Tour End Time: 12 noon

*All pre-registered participants must check in to receive their T-shirt and raffle ticket.*

To register scan QR code or visit tinyurl.com/nsohandlebars2023