Handlebars for the Homeless (H4H) is back in-person with a new route for 2022. All funds raised from this ride will go to support individuals experiencing homelessness.

NSO’s H4H guided bicycle tour will highlight some of Detroit’s hidden treasures. The tour begins and ends at the NSO Bell Building located at 882 Oakman Boulevard in Detroit (former historic Michigan Bell Building) with a stop in the middle at the Clay Apartments, NSO’s new 42-unit permanent supportive housing facility located near the Eastern Market District.

The 15-mile tour guides cyclists through some of Detroit’s most notable neighborhoods including Boston Edison, Piety Hill, and Virginia Park. Cyclists will also travel through the historic Poletown and Milwaukee Junction communities. All participants will receive a NSO Handlebars for the Homeless high-performance T-shirt, spoke card, raffle entry, and refreshments. The ride is fully supported with seasoned bicyclists and professional mechanics cycling with the group.

Cyclists can also support the ride virtually and raise money anytime and anywhere beginning Friday, August 12 through Sunday, August 14, 2022. Cyclists can ride indoors or outdoors, atop a traditional bike or a smart bike trainer, on their favorite bike path or a virtual bicycle app.

ALL BICYCLISTS MUST WEAR A HELMET. Participants must be 14 years of age by date of the ride or older and all youth must be accompanied by a parent or guardian at all times.

### REGISTRATION FEES - INDIVIDUALS

<table>
<thead>
<tr>
<th>Registration</th>
<th>Start Date</th>
<th>End Date</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Early Registration</td>
<td>June 8</td>
<td>June 30, 2022</td>
<td>$50 per individual</td>
</tr>
<tr>
<td>Regular Registration</td>
<td>July 1</td>
<td>July 31, 2022</td>
<td>$55 per individual</td>
</tr>
<tr>
<td>Late Registration</td>
<td>August 1</td>
<td>August 9, 2022</td>
<td>$60 per individual</td>
</tr>
</tbody>
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### REGISTRATION FEES - GROUPS

GROUP DISCOUNT PROMO CODES: To receive a Group Discount Promo Code contact NSO Corporate Development before registering. Email corporateaffairs@nso-mi.org or call 313-961-4890 ext. 1011.

Teams of 5 or more members: $40/person through August 9.

### TENTATIVE EVENT DAY AGENDA:

- Participant Check-in and Onsite Registration*: 7:00 a.m.
- Pre-Tour Announcements: 8:30 a.m.
- Tour Start Time: 9:00 a.m.
- Tour End Time: 12 noon

*All pre-registered participants must check in to receive their T-shirt and raffle ticket.

Register online: donate.nso-mi.org/campaigns/22412-2022-handlebars-for-the-homeless