



Medical Respite

Medical respite, also referred to as recuperative care, is post-acute medical support for homeless people who are too ill or frail to recover from a physical illness or injury on the streets but are not ill enough to be in a hospital. NSO's Medical Respite Program is a program that will provide temporary community beds for individuals who are homeless or temporarily housing insecure and require continuing care post-hospitalization. NSO's Medical Respite Program focuses on posthospital navigation, as well as coordination of post discharge needs and assistance identifying opportunities for permanent housing solutions.

Individuals served at the Medical Respite can expect:

- Secure and safe, short-term housing
- Temporary setting which includes meals, showers, and other amenities
- Supportive case management to coordinate post-discharge needs and assistance with long-term housing solutions
- Access to telehealth, primary care, behavioral health care, specialty care, and Medications for Addiction Treatment, as indicated.
- Transportation to follow up medical appointments while in the medical respite program
- Time for recuperation with **no visitors**, to allow for continued healing and recovery for all medical respite clients. Individuals will be allowed to leave the site for the day and return by the assigned curfew

Referral Process

Referral Criteria

- ✓ Homeless or housing insecure
 - ✓ Independent with activities of daily living (ADLs)
 - ✓ Independent with DME and mobility devices
 - ✓ Ability to ambulate at least 100ft independently
 - ✓ Stable for discharge-medically and psychiatrically
 - ✓ Able to self-administer medications or have home care in place to administer medications
 - ✓ Continent of bowel and bladder
 - ✓ Alert and oriented to name, date, place, and situation
 - ✓ Competent to make decisions independently
 - ✓ If COVID-19 positive case, last test date & result available
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- If above referral criteria is met, patient is appropriate for referral to NSO Medical Respite.
 - Hospital will fax NSO Medical Respite Referral Form to **FAX number: 313-883-6334**
 - NSO Medical Respite will respond to referral requests within 2-4 business hours, 9am-4pm.
 - NSO Medical Respite will receive admissions between the hours of 10am and 3pm Monday-Sunday. Admission times must be coordinated with NSO MEDICAL RESPITE staff. Any weekend admission will need to be coordinated by Friday afternoon.
 - Home care and other continuing care referrals (including specialty care and follow up visits) must be identified prior to discharge and provided to Medical Respite Staff, including names of providers.
 - It is preferable the client comes to the site with all discharge medications, particularly any controlled substances
 - Any devices and/or equipment that will be needed to maintain post discharge health should come to the site with the client, such as Oxygen, Wound Vac, Life Vest, Walker etc.,
 - Any care that will need to be continued at the site through an alternative post-acute agency will need to be coordinated prior to Client arrival to the site, such as home care, home infusion, home nutrition, etc.
 - Patient must bring discharge instruction and discharge medications upon arrival to NSO Medical Respite.
 - TRANSPORTATION: Hospital will transfer patient to NSO Medical Respite.
 - If a patient is determined to not meet criteria for appropriateness at NSO Medical Respite, they will be referred back to hospital for re-evaluation within 24 hours.
 - NSO Medical Respite will coordinate patient's post-discharge follow up visit with primary care, as well as other specialty visits.



NSO

Medical Respite Referral Form

Date of Referral: _____ Referring Hospital: _____

Patient Name: _____ DOB: _____

Patient Contact: _____

Health Insurance-Primary _____ Secondary _____

Discharge Diagnosis: _____

Problem List/Diagnoses: _____

Behavioral Health needs: _____

Referral Criteria Must Be Met:

- Homeless or housing insecure
- Independent with activities of daily living (ADLs)
- Independent with DME and mobility devices
- Ability to ambulate at least 100ft independently
- Stable for discharge-medically and psychiatrically
- Able to self-administer medications or have home care in place to administer medications
- Continent of bowel and bladder
- Alert and oriented to name, date, place, and situation
- Competent to make decisions independently
- If COVID-19 positive, last test date & result available
- Anticipated placement to housing solution within 14 days

Hospital Contact Name: _____ Phone Number: _____

Primary Care Provider Name: _____ Phone Number: _____

Check here if patient is not established with a PCP. If no PCP, the NSO MEDICAL RESPITE team will make a follow up appointment with a Primary Care Provider.

Follow-up Appointments: _____

Home Health or Continuing Care Provider: _____

Date of First Home Health or Continuing Care Visit: _____

Contact Number of Home Health or Continuing Care Provider: _____

Please complete all fields and FAX to 313-883-6334